Dear All

Welcome to Term 4!
Thank you to Ms Howard, Mrs Eckley, Miss Johnson and other staff members who took up extra duties whilst I was away recovering. I must admit when the alarm went off yesterday, it was a little hard to get ready for work after three months away.

Yesterday afternoon I was talking to some of our students in the foyer, and they gave me a running commentary on the Musical which was on the TV screen. I am very sorry I missed the event, it looked amazing! Congratulations to everyone for what looked like a brilliant show.

Term 4 is very busy (like other terms), with special events planned. Year 3 students are very excited about their first overnight excursion next week. Year 6 are looking forward to their high school visits, our new Kinders for 2016 will be visiting us in the next few weeks and then we have elections for student leaders, a visiting performance and our end of year activities. In between we will complete student reports AND continue to develop our understanding of the world around us.

NSW PSSA ATHLETICS
Congratulations to the following students who will represent at the NSW PSSA Athletics State Championships on Wednesday 14 October: Tilby Strang, Keely Bullivant, Lisa Cary, Ally Fowler, Ava Tukasar, Asha Finlay and Caleb Clemson. We wish them well.

VOLUNTARY CONTRIBUTIONS
We are still accepting payments of the 2015 School Voluntary Contribution of $44 per student. These voluntary contributions are used to supplement educational resources and programs in our school. Our school welcomes your contribution, as they significantly enhance the resources made available to our students. If you are unsure as to whether you have already paid, please enquire at the front office. Payment can be made through the Parent Online Payment facility.

CHARLES STURT UNIVERSITY (CSU)
We enjoy a very positive relationship with CSU and often welcome Education degree students into our classes to complete their practicums. Today students in Years 3-6 enjoyed several performances by the third year students.
SUN SAFE POLICY - Being Term 4, students are reminded that they must wear a school hat whenever they are in the playground. Our school enforces the ‘no hat- play in the shade’ sunsafe policy. If students do not have a hat they must play under the COLA or in the shade. We would appreciate your cooperation in ensuring your children wear their hat to school and that their hat is clearly labelled with their name.

BIKE SAFETY – Just a reminder that if students ride their bikes to school, they must do so safely. Do you know HOW your children ride? If they are riding on the footpath, PLEASE ensure that they ride safely. The footpath is not another name for a race track.

Enjoy your week – Vicki Harris - Principal.

SAYING BYE BYE TO BULLYING- The Student Councillors have recently launched a campaign at our school called ‘Bye Bye Bullying’. We are committed to making sure that our school is a positive place for everyone, and part of this is making sure that nobody is ever bullied. We are doing many things at the school to get this message across. We have implemented a three step process to encourage students to ‘Sport It Out’ then ‘Speak Out’ in order to ‘Stamp It Out’. Any parents or students that would like more information on dealing with bullying should visit www.bullyingnoway.gov.au Leann Dicketts and the Student Councillors.

SPORT NEWS
SUMMER PSSA - The summer PSSA competition will commence next Friday 16 October. During Term 4 PSSA and school sport for Stages 2 and 3, takes place in the morning. Thank you to the following staff who will coach teams this summer; Mrs Pargeter and Miss Macleod- Cricket, Ms King- Touch Football, Mr Clift- T-Ball, Miss Brooker- Softball. Selections were held last term and permission notes will be distributed this week. Please ensure these notes are returned to team coaches as soon as possible.

Melinda Martin, Sports Coordinator.

PSSA TOUCH FOOTY - Please contact the front office with your telephone number if you are able to help out with PSSA Touch Footy. We would love to hear from you.

Nadene King, Coordinator.

LAPATHON
Our annual school Lapathon will be held on Wednesday 21 October, commencing at 11:30am and concluding at 2:30pm. Family members are most welcome to join in the fun. Students are asked to return blue sponsorship forms by Monday 19 October. Spare forms are available at the office. Students are reminded to only approach adults they know for sponsorship. We are looking forward to a terrific day!

Lapathon Committee.

GRANDPARENTS DAY
Save the date for your Grandparent or Special Person to visit in Week 3, Term 4 on 23 October from 11:30 - 12:40pm. There will be stage-based activities so everyone can join in whether they have a special person visiting or not. More details to follow!

Kirstie Browne, Coordinator.

2016 STUDENT COUNCILLORS
Stage 3 students will be invited to nominate candidates for Student Councillor positions in 2016.

Nominations will be held on Monday 19 October and Tuesday 20 October (Week 3). Candidates are then required to prepare a small poster/profile (a template will be provided) about themselves for submission to Miss Brooker by Friday 30 October (Week 4). These profiles will be on display in the windows of the West Building throughout Weeks 5 and 6. No advertising posters, badges or bribing will be permitted. Candidates will also be required to deliver a short speech (no longer than one minute) that will be presented to students in Years 3, 4 and 5 in Week 6. Students in Years 3, 4 and 5 will then vote for 12 councillors on Monday 16 November (Week 7).

Ms Harris will meet with all the candidates on Friday 20 November (Week 7) to announce the successful councillors. Badges will be awarded to each of the Councillors on Presentation Day. The School Captains and Vice Captains will also be announced on Presentation Day. Successful Councillors will be named in the newsletter in Week 8. After this process is complete, nominations and voting will occur for House Leaders. More information regarding this process will come at a later date.

Jess Brooker, Assistant Principal (Rel).
Welcome back from the school holidays. A huge welcome to our new Canteen Supervisor Simone, who is job sharing the position with Rachael. Come in and say “Hello”. There is a lot of room on the roster if parents, grandparents or special friends of students would like to come in and help. Please call us!

**REMEMBER— LAPATHON LUNCH ORDERS are due Friday 16 October – NO LATE ORDERS WILL BE PROCESSED AND NO OTHER LUNCH ORDERS WILL BE ACCEPTED ON LAPATHON DAY– Wednesday 21 October.** Rachael & Simone - 60212370

**P & C NEWS**- Congratulations to Simone Carmody who is our new Canteen Supervisor. I am sure Simone is looking forward to meeting you, so pop into the canteen and make yourself known.

**P & C Committee.**

**POP PAYMENTS**- A reminder that the minimum payment online is $10.00. Please be aware of this limit and restrict your online payments. Thank you for your cooperation with this important matter.

**HUME SCHOOL BANKING**

Banking will resume next week, Tuesday 13 October.

**MEDICATIONS AT SCHOOL** - If your child is unwell and needs to take medication at school, you are required to fill in a ‘Prescribed Medication Form’ from the Front Office. Staff are only able to assist with medication prescribed by a Medical Practitioner. Please ask at the Front Office if you are unsure or need further clarification.

**UPDATE DETAILS** - If you have changed jobs, address, phone number or your emergency contacts please let the office know so your details can be updated. It is vital that we have your correct details so we can contact you when needed.

---

**SMALL STEPS PRESENTATION**

Did you know
- An anxiety disorder affects **one in ten** children
- Anxiety impacts on a child’s social, family and school life
- **Early interventions** may assist in preventing the onset of more serious problems including depression and substance abuse in adolescence
- Children with anxiety are generally not disruptive in class or at home
- **Anxiety disorders can be resolved** with timely information, care, treatment and support.

Small Steps is a free anxiety awareness program for primary school teachers and parents. Albury Public School will be hosting a presentation on Wednesday 28 October at 1:15pm in the School Hall. Speakers from WayAhead Mental Health Association of NSW will be in attendance and the presentation will last between one-two hours.

The presentation will cover
- The difference between normal anxiety and anxiety disorders
- Types of anxiety disorders
- Signs and symptoms of anxiety disorders

RSVP by 20 October please on 6021 3849.

**OCCUPATIONAL THERAPIST MEETING - SENSORY PROCESSING DISORDER**

There will be a workshop at Albury West Public School on Tuesday 20 October from 3:15pm-4:15pm. Parents and school staff are most welcome to attend. For further information please phone 60212288.

**ALBURY DIVING**

Introductory Diving Lessons are available at the Lavington Swim Centre Diving Pool. For further inquiries contact the President on 0427 686 506.
PLAYERS CODE OF FAIR PLAY

- **Play for the fun of it.**
- **Play by the rules and always abide by the decisions of officials.**
- **Control your temper.** Make no criticism either by word or gesture. Deliberately distracting or provoking an opponent is not acceptable or permitted in any sport.
- **Work equally hard for yourself and your team.** Your team's performance will benefit and so will your own.
- **Be willing to train and prepare for the game or competition.** Preparation helps prevent injury and increases the level of enjoyment.
- **Play only when you are fully fit.** To play with injury will handicap your team, and may expose you to the risk of further and more serious injury.
- **Be a good sport.** Applaud the good play of your team mates and that of your opponents.
- **At all times cooperate with your coach, team mates and opponents**, for without them you do not have a competition.
- **Remember the goals of the game are to have fun and improve your skills.** Be modest in success and generous in defeat.

PARENTS CODE FOR SUPPORT OF FAIR PLAY

- **Encourage your child to always play by the rules.**
- **If children are interested in sport, encourage them to participate. Refrain from forcing an unwilling child to participate.**
- **Remember that children participate in organised school sports for their enjoyment and fulfilment, not yours.**
- **Teach your child that honest effort is as important as winning** so that the result of each game is accepted without undue disappointment.
- **Encourage your child to work towards skill improvement. Never ridicule your child for making a mistake or losing a competition.**
- **Always encourage the principle of good sportsmanship.**
- **Children learn best by example. Applaud good play by all individuals and all teams.**
- **Do not publicly question the officials' judgement and never their honesty.**
- **Appreciate the contribution and commitment of teachers in coaching positions.** They give their time and resources to provide sporting activities for your child and deserve your support.
- **Have realistic expectations for your child and her or his team.** Do not expect more than they can give.
- **Support all efforts to remove verbal and physical abuse from sporting activities. Condemn the use of violence in any form.**