Dear All

Welcome back to Term 4. I hope everyone had the chance to enjoy the sunshine and relax with their families.

We welcome three new families, from Hong Kong, the Netherlands and Queanbeyan to Albury Public School. Term 4 once again will be a busy term with lots of exciting events planned. Some of these events are Kindergarten Orientation and High School transition programs, School Councillors and House Leaders elections, Bushwahzee performances, the Family Fun Fair, K-6 Celebration Day, Year 6 Farewell and Presentation Day.

ART SHOW- Many thanks to all the parents, friends and grandparents who attended our Art Show. The response was very positive and I am sure those of you who attended were very impressed with the talent displayed. I have uploaded some of the artwork photos onto our school website.

NSW PSSA ATHLETICS- Next Wednesday Albury Public School will have a team of 7 students (Natalie Gibbons, Gerty Balbao, Charlie Hargreaves, Ava Tuksar, Harry Haszard, Caleb and Bailey Clemson) attending the NSW PSSA Athletics State Carnival at Sydney Olympic Park. We wish them all the best and hope they achieve personal best results. Special congratulations to Bailey Clemson who will be attending his fourth State Carnival this year. This is an amazing individual achievement!

BUSHWAHZEE- A reminder that notes and money for the Bushwahzee performance ‘Band of Pirates’ are due next Thursday. Notes were sent home in Wk 9 last term and a copy is on the school website if you require another. Students will learn songs and dances during the day and then perform in the evening. Parents and friends are invited to join us for the free evening performances under the COLA.

BLUEARTH- Each Tuesday this term five new classes will be participating in the very successful Bluearth program. Students in 2MH, 2MC, 4/5LM, 5LN and 5/6AKB will be developing their physical health, self awareness, focus, self esteem and resilience. Teachers of these classes will also receive accreditation after a twelve month training period.

2015-2017 SCHOOL PLAN- This term we commence the planning process for the next three year School Planning cycle. All members of our school community will be given the opportunity to be involved and have an input into the formation of our directions for the school for 2015-2017. I urge everyone to have their say. Please keep informed of the process and available opportunities by reading this newsletter and participating when invited. Your input will be greatly appreciated.

STAFF NEWS- We welcome back Miss Kirsty Sheridan who has returned to teaching 1MH after recovering from her accident last term. I know she is very excited to be back! Mrs Penny Power is currently on leave for the first two weeks and Mr Joel Border will be teaching 6AP. There will be a number of staff members taking Long Service Leave this term. These staff members will send a note home to their students, outlining the organisation and name of the teacher taking the class for the period of leave.

Congratulations to Mrs Cathie Clarkson who was successful in gaining our School Administrative Manager (SAM) position by merit selection late last term. Mrs Clarkson is currently the SAM at Lavington Public School and will commence at APS in Week 3 (20 October).

LAPATHON FINAL TOTAL- $15,502.50- What an incredible effort- THANK YOU!!!

Carolyn Howard, Principal (Rel.)
Congratulations to the following students who achieved terrific results in the recent ICAS Mathematics competition:

**YEAR 2** – **Distinction** – Kade Griparis, **Credit** – Zach King, Alistair Peachey and Luke Van Zanten

**YEAR 3** – **Credit** – Max Geering, Ella Henderson, Elinor McGarvie, Harriet Murphy, Brielle Pedler, Spencer Robertson and Ryan Yensch.

**YEAR 4** – **Credit** – Lillian Eggleton, Bridgette Gay, Jonathon Gillard, Ian Howsam and Mitchell Lawes, **Merit** – Paige Double

**YEAR 5** – **Distinction** – Joshua Green, Alanah Kilo, **Credit** – Oliver Henderson, Milisa Milanovic, Kristian Shipard, Ben White and Meghan Yensch

**YEAR 6** – **Distinction** – Matthew Brownbill and Tom Grigg, **Credit** – Callum Bruce, Ben Pedler and Zach Van Zanten, **Merit** – Connor McAleer and Sarsha Smith

**POP PAYMENTS** - A reminder that the minimum payment online is $10.00. Please be aware of this limit and restrict your online payments. Thank you for your cooperation with this important matter.

**YEAR 3 CRAFT ACTIVITIES** - Buttons wanted! Any colour or shape! Please send in to Ms King, 3CK. Thank you in anticipation!

**FOOTY COLOURS DAY** - Our school community raised $494.00 for Cancer Research, what a terrific effort. The school was ablaze with brilliant colours representing the vast number of footy teams. Thank you to staff and students who contributed to this wonderful total! Chris Bourke, Coordinator.

**LOST PROPERTY** - At the end of the term we collected three huge baskets of unnamed items of clothing, a lot of them school jumpers. If you are missing any items please pop in and have a look in the uniform shop. I urge you to please check your children’s clothing is named so we can return items if lost.

**RESILIENT CHILDREN** - Building resilience - the ability to adapt well to adversity, trauma, tragedy or even significant sources of stress - can help our children manage stress and feelings of anxiety and uncertainty. Some children are resilient by nature - their temperament helps them to be mentally and psychologically tough. You know those children. They get straight back up after a setback or disappointment. Unfortunately, not every child has such natural resilience. The good news is that most of the research shows that resilience can be nurtured, developed and learned, particularly when parents themselves are resilient and they actively foster it in their children.

According to Michael Grosse, Parent Educator, resilient children share four basic skill sets - independence, problem-solving, optimism and social connection.

You can promote a lasting sense of resilience in your children by:

1. Having a positive attitude yourself. Your attitude as a parent impacts on their ability to bounce back from some of the difficulties they face. Make sure you model a ‘you can do it’ attitude for your child when he/she meets some of life’s curve balls.

2. Look for teachable moments. Many children’s learning opportunities are disguised as problems. Make the most of these opportunities so that children can grow and learn from some of the challenges they face.

3. Make children active participants in the family. Active participation in a family develops the self-help, problem-solving and independence skills of children that are necessary for resilience.

Build children’s coping skills. There are plenty of strategies you can pass on to children to help them cope when life doesn’t go their way, including acceptance, getting away for a while, and normalisation. Promoting resilience in children is a not a single event but a continuous process that requires adults to be supportive and empathetic when things don’t go their way. It also requires you as a parent to have an understanding of resilience, so you have faith in yourself, and your child’s ability to cope. For more ideas go to http://www.parentingideas.com.au
Welcome back to Term 4! Please make sure you get your name on the roster so you don’t miss out on a day you want.

**Thurs 9**  HELPER NEEDED
Fri 10  9:00-11:30am  Nicky Bruce  11:00-1:30pm  Janet Waite
Mon 13  12:00- 1:30pm  Simone Irvine
Tues 14  12:00- 1:30pm  Sue Shiphard
Wed 15  11:00- 1:30pm  Tamsin Walle
Thurs 16  HELPER NEEDED
Fri 17  9:00-11:30am  11:00- 1:30pm  Amber Rodd

Thank you, Rachael and Ali, 60212370.

P & C NEWS— Last term the P & C held our FATHER’S DAY STALL and raised $429.60! Thank you so much to our terrific helpers on the day—Sharon Green, Jess Wilkinson, Mel Benham, Kylie King, Leanne Bailey, Jacinta Harrap, Cherie Chambers, Kim Carroll and Maddelin Verso. With so many lovely helpers it made the stall run very smoothly, with lots of fun and laughs along the way.

We can't thank you enough for all your help and hope to see you again next year.
Kerry Van Zanten and Brooke Bowler, Coordinators.

**FAMILY FUN FAIR Thursday 13 November**
This year’s Family Fun Fair is just 5 weeks away!!!!

**How YOU can help:-**
- **Second hand items**
  we are now gratefully accepting donations in good condition as follows:
  ◊ Children’s toys – *(No videos or electronic items please).*
  ◊ Books – all ages, fiction and non-fiction.
  ◊ New & high-quality pre-loved clothing.

These can be dropped off in the back corner of the gymnasium. Please help us by only leaving goods in good condition as we have no means of disposing of unusable items.

- **Donations of new goods / vouchers**
  We are still looking for donations of items or vouchers to raffle on the day. If you can help or have a contact in a business that may be able to help please let us know.

- **Plants / Produce**
  Start planning or planting pots to donate
  Think about what garden produce you may have in abundance at Family Fun Fair time
  Start cooking up jams, chutneys, preserves or sauces

WE NEED YOUR HELP TO MAKE THIS WONDERFUL SCHOOL COMMUNITY EVENT A GREAT SUCCESS.

Family Fun Fair Committee (Kate Preston 0401 202860, Sharon Green 0427 412351, Stuart Howsam 0416 320198)

**COMMUNITY NEWS**
**JUNIOR GALLERY ART CLASSES**— Commencing Monday 13 October at Albury Public School. All materials are provided. Please visit the website www.juniorgalleryartclasses.com or ring 0414 392 459 for further information.

**1-2-3 MAGIC PARENT COURSE**— Learn how to manage challenging and testing behaviours, how to discipline without arguing, yelling or smacking and seven tactics for encouraging good behaviour. For more information contact Centacare on 6051 0222. Bookings are essential
As I walked through the rainforest......

“I saw the spread out roots of a large emergent tree. I heard the birds chirping high above me and the smell of bromeliads wouldn’t go away. I touched the gross algae on a slow sloth’s back. I now knew that I would never use palm oil again.”

Olivea Beltrame

“I saw the colourful macaws in the trees and I heard howler moneys howling. I smelt the ripe fruit hanging from the trees. I touched the softest leaves I’ve ever touched. I knew that we had to protect this place.”

Amelia Baillie

“I saw a spider monkey swing through the trees of the Amazon. I heard an eagle soaring through the sky. I smelt the air around me and I touched the fur of a puma that was as soft as a bunny. I knew that the orangutans were coming to meet me.”

Charlie Condon

“I saw a sloth it was so cute. It was so slow and it was hanging upside down. I heard birds talking to one another. I smelt that rain was coming soon. I touched the tree’s leaves. I knew that this was a perfect place.”

Rebecca Scott

“I saw a beautiful purple, yellow and white flower— it was so pretty. I heard a howler monkey and then I heard the toucans joining in the chorus. I smelt fresh rain falling from the sky...giant droplets were falling on my head. I touched luscious green leaves, some were soft and some were rough. I touched decaying wood. I knew one day no one will get to experience what I have experienced.”

Charlotte Dean